

# FUN, FIT & FABULOUS SCHEDULE

January 2012

Indoor Walking Club  
6-7:30 AM

Monday through Friday  
5:30-7:30 PM

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>1</b>	<b>2</b>	<b>3</b> Zumba! 7:00 pm	<b>4</b> Yoga/Pilates 7:00 pm	<b>5</b> Zumba! 7:00 pm	<b>6</b>	<b>7</b> Outdoor Hike 10:00
<b>8</b>	<b>9</b> P90X/ Kickboxing 7:00 pm	<b>10</b> Zumba! 7:00 pm	<b>11</b> Yoga/Pilates 6:30 pm	<b>12</b> Zumba! 7:00 pm	<b>13</b>	<b>14</b> Outdoor Hike 10:00
<b>15</b>	<b>16</b> P90X/ Kickboxing 7:00 pm	<b>17</b> Zumba! 7:00 pm	<b>18</b> Yoga/Pilates 6:30 pm	<b>19</b> Zumba! 7:00 pm	<b>20</b>	<b>21</b> Outdoor Hike 10:00
<b>22</b>	<b>23</b> P90X/ Kickboxing 7:00 pm	<b>24</b> Zumba! 7:00 pm	<b>25</b> Yoga/Pilates 6:30 pm	<b>26</b> Zumba! 7:00 pm	<b>27</b>	<b>28</b> Outdoor Hike 10:00
<b>29</b>	<b>30</b> P90X/ Kickboxing 7:00 pm	<b>31</b> Zumba! 7:00 pm				