




FREE

SCHOOL MEALS

ROCK!



October 2019 Calendar/Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Breakfast & Lunch no charge for students. Seconds and extras are chargeable.	All meals get fresh tossed salad, fruit and milk.	1 Nachos, w/ Toppings Corn	2 Chicken Nuggets, Macaroni Salad	3 Cheeseburger, French Fries, Green Beans	4 Pizza, Asparagus Yearbook Ad FT	5
6 Adult Prices- Breakfast- \$2.50 Lunch- \$4.25	7 Baked Ziti, Broccoli, Garlic Bread	8 Tacos, Brown Rice, Corn RCMT	9 Chicken Patty, Sweet Potato Fries Elem RIST BOE 7pm	10 Hot Dog Bar, Baked Beans PK/2nd Gd FT	11 SUPERINTENDENT'S CONFERENCE DAY NO SCHOOL	12 
13	14 COLUMBUS DAY NO SCHOOL	15 Nachos w/ Toppings, Corn	16 BLT, Macaroni Salad, Baby Carrots Elem RIST	17 Beef Stroganoff on Egg Noodles, Carrots NOON DISMISSAL	18 Pizza, Asparagus Student Council Bonfire	19
20 	21 Spaghetti w/ Meatballs, Broccoli 11/12 Gd College Fair FT	22 Chicken Patty, Corn on the Cob School Pictures	23 Top Your Fries, Meat Sauce, Cheese, Bacon, Ham Elem RIST	24 Chili, Rice, Green Beans, Biscuit 3rd Gd Howe Caverns FT	25 Chicken Nuggets, Macaroni Salad, Baby Carrots K-6 Halloween Dance	26
27	28 Breakfast for Lunch, Sandwich, Hash Brown 11/12th Gd Marxist College FT	29 Grilled Cheese, Tomato Soup	30 Bacon Cheeseburger, French Fries	31 Hot Dog Sweet Potato Fries	Lunch Alternates- Soup w/Salad Bar Yogurt w/Salad Bar Salad Bar	"State Law requires that students must chose at least three of the five items offered to qualify for the full lunch at TBD. If fewer items are taken, ala carte charges will apply."